



Heritage Venue : High Tea : Nostalgic Cuisine

Deluxe Catering : Functions & Events

Gallery Level, Brisbane Arcade, City

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OPEN MONDAY TO SATURDAY

9.00am - 3.30pm

Available for functions & events outside of opening hours.

Specialist in intimate weddings & functions



NOSTALGIA MONTH



1970's Menu

20th August - 25th August 2018

Fabulous 70's Food Facts

1970 Australian Women's Weekly Cookbook released The first edition of the Australian Women's Weekly Cookbook was published, heralding a new era of international cookery in Australia. Edited by Ellen Sinclair, it featured tested recipes that were accessible to the home cook.

1970 - 71 Invasion of Fast Food Franchises commences The first Australian Pizza Hut opened in Belfield, Sydney in April 1970. In 1971 the first Australian McDonald's opened in the Sydney suburb of Yagoona, 16 years after the company was founded in the USA. The US chain Burger King couldn't use their own brand in Australia, as the name had been trademarked by a takeaway shop in Adelaide. The Hungry Jack's brand was established instead, and the first store opened in Innaloo, Perth on 18 April 1971.

1974 Breville Snack'n'Sandwich maker A replacement for the old-fashioned jaffle iron, the Breville Snack'n'Sandwich maker sold 400,000 and was snapped up by 10 per cent of Australian households in its first year on the market. It allowed toasted sandwiches to be made quickly and with no mess.

1975 "You oughta be congratulated" The famous "you oughta be congratulated" advertising campaign started to assure mums that Meadow Lea Margarine would not only help their families to avoid the evils of butter, but actually tasted good. It became one of the most famous campaigns of its time.

1976 Kraft Singles launched The best thing since sliced bread was sliced cheese. Kraft Singles, individually wrapped slices of processed cheddar were launched in Australia in 1976. Various varieties are now available. An attempt was made in the 1990s to combine two leading Kraft products in the form of Vegemite Singles but they did not prove popular and were taken off the market.

1978 Vogue's Champagne Diet The Champagne Diet, published in *Australian Vogue*, made much of the fact that champagne was the least fattening of all drinks, with just 35 calories a glass, compared to 170 calories for a gin and tonic. The stringent diet regime, clearly a nutritionist's nightmare, allowed for four glasses of champagne a day, *plus* a couple of brandies. And not much else: an egg, a small serve of seafood, a few crispbreads and salad. Still, who needs food if you have champagne?

Please enjoy our tribute to old time flavours
in Room with Roses' style!

1970's Celebration Menu

Enjoy 2 courses for \$40 or 3 courses for \$50

Entree

French Onion Soup

with baked gruyere crouton and crusty bread (gfo)

OR

Garlic Prawns

fresh prawns in a garlic butter sauce served with steamed rice

Main Course

Vicki's Herbed and Glazed Meatloaf

served with garlic mash, steamed greens and gravy

OR

Chicken Cacciatore

chicken breast in a tomato, olive & capsicum sauce served with penne pasta

Dessert

Bread and Butter Pudding

Vicki's mother's recipe and served warm with Chantilly cream and berries

OR

Ekka Style Strawberry Sundae

Ice cream cone with sliced strawberries, strawberry ice cream, Chantilly cream and topped with a strawberry, served with berries